

Our Story

We are welcoming Seniors from all around to join us in fun activities; which include meals, fitness classes, pickleball, social hours and much more.

We are open Tuesday, Wednesday, and Thursday from 8:30am -3pm at Freshwater Church, Entrance C located at 600 E. Michigan Ave, Paw Paw Michigan. Find us on Facebook at Paw Paw Township or on our website at <https://pawpawtownshipmi.gov> under the Paw Paw Senior Center tab.

ACTIVITIES

Activity schedules with additional information such as dates, fees, and times are available for pick up at Paw Paw Township located at 114 N Gremps Street during business hours Monday-Thursday 9am-3pm or at the Senior Center.

Pickleball 8:30am-12pm

Indoor Walking 9am-2pm

Exercise Class 11am-12pm

Cards/Dominos 9am-3pm

Lunch 12pm-1pm

Line Dancing, Yack & Yarnies, or Bingo 1pm-3pm (Varies by Day)

LUNCH

For residents of Paw Paw and other participating Townships of Pine Grove, Hamilton, and Waverly, lunches are \$5.00 per meal and if you are not a resident, lunches are \$7.00. Meals you can enjoy with others or take them To-Go. Monthly lunch calendars are available for pick up at Paw Paw Township located at 114 N Gremps Street during business hours Monday-Thursday 9am-3pm or at the Senior Center.

Paw Paw Senior Center Newsletter

Location: 600 E. Michigan Ave. Entrance C

Phone: 269-657-5076

Website: <https://pawpawtownshipmi.gov>



Valentine's Social Mixer

Sponsored by Paw Paw Senior Center on Thursday February 9th from 6pm-9pm at Freshwater Church Entrance A, with a \$5 entry fee. Come for an evening of snacks, drinks, socializing, music, dancing and a night of fun!

Arts and Crafts

The 3rd Wednesday of every month we will be doing an art and craft project for \$5 from 9am-12pm. February's Craft is Mardi Gras Masks on February 15th.



Federal Individual Income Tax Return are due April 15th 2023. If you need help with your taxes, VITA (Volunteer Income Tax Assistant) is assisting seniors. Please come to the Senior Center on Tuesday's and Thursdays from February 2nd-March 30th for help from 1pm-6pm in Room 102. This event is sponsored by United Way of Southwest Michigan. Drop off and pick up only, no appointment needed.

Special Luncheons Coming Soon

Valentine's Lunch: Seasoned chicken with rice pilaf and broccoli February 14th at 12pm celebrating Valentine's Day.

PPPS Lunch: February 17th at 1:15pm located at Paw Paw High School. Lunches are held every 3rd Friday of each month.

Mardi Gras Lunch: Jambalaya with red beans and rice on February 21st at 12pm celebrating Mardi Gras. Wear your mask!!!

St Patrick's Lunch: Corn beef hash on March 16th at 12pm

Easter Lunch: Ham dinner with dessert on April 6th at 12pm



Come take a tour of light houses around Michigan with us! Walking the hallways inside takes place from 9am-2pm on Tuesdays, Wednesdays, and Thursdays. Starting February 7th, The map will be the Main Office with information about light houses located throughout Michigan. Walk alone or with friends in teams up to 4 people to help complete the tour. First person or team to complete the tour will receive a mini light house statue!

DONATIONS

NO BAKE SALE: NO BAKING, NO DIRTY BOWLS OR PANS, NO SELLING OR BUYING, AND NO CALORIES!! IN LIEU OF BAKED GOODS, WE ARE ASKING YOU TO CONSIDER SUPPORTING OUR SENIOR CENTER. DONATIONS WILL BE USED TO HELP BUILD A WIDE VARIETY OF PROGRAMS.

YARN WANTED: IF YOU HAVE ANY UNWANTED YARN SITTING AROUND THAT YOU DON'T USE ANY MORE PLEASE CONSIDER DONATING IT OUR COMMUNITY SENIOR CENTER CRAFT CLOSET OR OUR YACK & YARNIES GROUP!

The Hearing Doctor

A hearing presentation and testing Senior's hearing event is happening on Tuesday March 21st at 11am Call the Senior Center ahead to sign up or ask about this event at the greeting table.

New Exercise Classes

Tia-Chi: \$4 to non-residents every Tuesday from 9:30am -10:30am in Room 106. Add more flow and balance to your day and improve your posture and overall balance.

Yoga: \$4 for non-residents every Tuesday from 10:30am -11:30am in Room 106. Find your Zen and strength flexibility all while revitalizing your mind, body, and soul.



Every Wednesday The Strand has a Senior Matinee that starts at 2pm. Tickets for Seniors 60+ are \$3 and enjoy a small bag of popcorn for only \$3.



Every Wednesday Family Fare offers a 5% discount on all items in the store even if it is on sale for Seniors 55+. Items that don't qualify are tobacco products, liquor, lotto, and some pharmaceutical items.



Paw Paw Library Activities

1st Friday Memory Café 10:30am-12pm Enjoy snacks, music and memory sharpening games

2nd Thursday Needle work Night 6pm-7:30 pm

2nd Saturday Electronic Day 10am-12pm Bring in your devices with any questions and they will help set it up or teach you how to use it.

2nd and 4th Tuesday Color Me Happy 10:30am-12pm Adult Coloring



Need assistance with traveling? Give Van Buren Star Public Transit a call to get a ride to appointments, to shop, or to run errands in Van Buren County. Call public transit to schedule your ride at 269-302-0237. Have ready the place, date, and time of your appointment or your destination, name, address, and contact number. Veterans ride for free to VA appointments.



Call 1-866-627-8904. In order to receive Meal on Wheels, you must meet a few basic requirements: Meals on Wheels is available on a short- or long-term basis for those in need.

Eleanor's Pantry

Eleanor's Pantry is open Monday and Friday from 10am-1pm and on Tuesday, Wednesday, and Thursdays from 3pm-5pm. It is located at 221 Drew Street in Paw Paw. Families from Paw Paw and Lawton can come to get food to take home or schedule a delivery. They are also always accepting donations. For more information call 269-415-0444.



Lawrence Township Senior Services offers monthly trips for both residents and non-residents. For more information, contact Lawrence's Clerk, Judy Janssen, at the township 269-674-4255 ext. 102 or by cell phone 269-532-3044 or Kim Thompson, Senior Services Chair, at 269-655-4458.



Bringing help and hope to residents in East Van Buren County
Located at 600 E Michigan Ave Paw Paw Michigan
Call 269-415-0767 or www.unitedchristianservices-evbc.com

The Porch: Arrive around 12pm on Mondays and Thursday to take a number in line. Porch opens after food is delivered between 12:30pm and 1pm. Providing fruit, vegetables, meats, and bread to anyone in need, no questions asked. We close when food runs out.

Lydia's Closet: Monday and Thursday Mornings from 10am-1pm. Provides free clothing, blankets, bedding, and other household items to people in need. If we don't have what you are looking for, we will try to find it.

Emergency Assistance: Come to *Coffee Connections* on Monday mornings between 9am-11am. We help local people in our community facing emergency situations such as utility shut offs, evictions, and rent deposits. During the interview, we will require copies of proof of income and the bill you need assistance with. *A decision notice from DHHS speeds up our process so apply first if you can.

Sustainability Programs: We love to help families achieve sustainability through education with programs such as The Learning Kitchen, Reality Days, Dollars and Sense, and The Michelle Peaslee Learning Garden.