



Paw Paw Senior Center Activities December 2023

Tuesday

Wednesday

Thursday

Events are Subject to Change...

<p style="text-align: right;">5</p> <p>8:30 am-12pm Pickleball 9am-2pm Indoor Walking 9am-3pm Cards 9am- 3pm Mexican Train 9:30am-10:30am Tai Chi 10:30am-11:30 am Yoga 1pm-3pm Yack & Yarnies 12pm-1pm Lunch 11:30am Reliance Health Center Presentation</p>	<p style="text-align: right;">6</p> <p>8:30 am-10:45am Pickleball 9am-2pm Indoor Walking 9am-3pm Cards 9am-3pm Mexican Train 11am-12pm Cardio Drumming 12pm-1pm Lunch 9:30am- 2:30pm Last Day for MMAPS Program in office</p>	<p style="text-align: right;">7</p> <p>8:30am-12pm Pickleball 9am-2pm Indoor Walking 9am-3pm Mexican Train 10am-2pm Euchre/Bridge 10am-1pm Cards 12pm-1pm Lunch 11am-12pm Line Dancing 1pm-3pm Bingo</p>
<p style="text-align: right;">12</p> <p>8:30 am-12pm Pickleball 9am-2pm Indoor Walking 9am-3pm Cards 9am- 3pm Mexican Train 9:30am-10:30am Tai Chi 10:30am-11:30 am Yoga 1pm-3pm Yack & Yarnies 12pm-1pm Lunch 11am Blood Pressure Checks 11:30am Transition to Hospice Care</p>	<p style="text-align: right;">13</p> <p>8:30 am-10:45am Pickleball 9am-2pm Indoor Walking 9am-3pm Cards 9am-3pm Mexican Train 11am-12pm Cardio Drumming 12pm-1pm Lunch</p>	<p style="text-align: right;">14</p> <p>8:30am-12pm Pickleball 9am-2pm Indoor Walking 9am-3pm Mexican Train 10am-2pm Euchre/Bridge 10am-1pm Cards 12pm-1pm Lunch 11am-12pm Line Dancing 1pm-3pm Bingo 11:30 am Hearing Life 10:00am Test Run Chair Exercises</p>
<p style="text-align: right;">19</p> <p>8:30 am-12pm Pickleball 9am-2pm Indoor Walking 9am-3pm Cards 9am- 3pm Mexican Train 9:30am-10:30am Tai Chi 10:30am-11:30 am Yoga 1pm-3pm Yack & Yarnies 12pm-1pm Lunch 11:30am-Area Agency on Aging; Simple Eating 9am-12pm Commodities Entrance "A"</p>	<p style="text-align: right;">20</p> <p>8:30 am-10:45am Pickleball 9am-2pm Indoor Walking 9am-3pm Cards 9am-3pm Mexican Train 11am-12pm Cardio Drumming 12pm-1pm Lunch 9am-12pm Arts & Crafts \$5.00</p>	<p style="text-align: right;">21</p> <p>Christmas Luncheon</p> <p>8:30am-12pm Pickleball 9am-2pm Indoor Walking 9am-3pm Mexican Train 10am-2pm Euchre/Bridge 10am-1pm Cards 11am-12pm Line Dancing 12pm-1pm Lunch 1pm-3pm Bingo 9am-1pm Fall Prevention Course in R112/ Only 12 spots 11am-12pm Flu Shots R103</p>
<p style="text-align: right;">26</p> <p>8:30 am-12pm Pickleball 9am-2pm Indoor Walking 9am-3pm Cards 9am- 3pm Mexican Train 9:30am-10:30am Tai Chi 10:30am-11:30 am Yoga 1pm-3pm Yack & Yarnies 12pm-1pm Lunch</p>	<p style="text-align: right;">27</p> <p>8:30 am-10:45am Pickleball 9am-2pm Indoor Walking 9am-3pm Cards 9am-3pm Mexican Train 11am-12pm Cardio Drumming 12pm-1pm Lunch</p>	<p style="text-align: right;">28</p> <p>8:30 am-12pm Pickleball 9am-2pm Indoor Walking 9am-3pm Cards 9am- 3pm Mexican Train 9:30am-10:30am Tai Chi 10:30am-11:30 am Yoga 1pm-3pm Yack & Yarnies 12pm-1pm Lunch 11am Blood Pressure Checks</p>

