



# Paw Paw Senior Center Activities February 2024

## Tuesday

## Wednesday

## Thursday

Events are Subject to Change...

		1
		8:30am-12pm Pickleball 9am-3pm Mexican Train 10am-1pm Cards 11am-12pm Line Dancing <b>10:00am Chair Exercises</b>
		9am-2pm Indoor Walking 10am-2pm Euchre/Bridge 12pm-1pm Lunch 1pm-3pm Bingo
6	7	8
8:30 am-12pm Pickleball 9am-3pm Cards 1pm-3pm Yack & Yarnies <b>11am Blood Pressure Checks</b> <b>11:30am Community Skills</b>	9am-2pm Indoor Walking 9am- 3pm Mexican Train 12pm-1pm Lunch <b>10:00am Chair Exercises</b> <b>10:00am Yoga</b>	8:30 am-10:45am Pickleball/ <b>Basketball</b> 9am-2pm Indoor Walking 9am-3pm Cards 11am-12pm Cardio Drumming
		9am-3pm Mexican Train 12pm-1pm Lunch <b>10:00am Chair Exercises</b>
		8:30am-12pm Pickleball 9am-3pm Mexican Train 10am-1pm Cards 11am-12pm Line Dancing <b>10:00am Chair Exercises</b>
		9am-2pm Indoor Walking 10am-2pm Euchre/Bridge <b>12pm-1pm Lunch</b> 1pm-3pm Bingo
13	14	15
8:30 am-12pm Pickleball 9am-3pm Cards 1pm-3pm Yack & Yarnies <b>10:00am Chair Exercises</b> <b>10:00am Yoga</b>	9am-2pm Indoor Walking 9am- 3pm Mexican Train 12pm-1pm Lunch <b>11:30am Nutrition A.A.A.</b>	<b>*Valentine Day Celebration*</b>
	8:30 am-10:45am Pickleball/ <b>Basketball</b> 9am-2pm Indoor Walking 9am-3pm Cards 11am-12pm Cardio Drumming	8:30am-12pm Pickleball 9am-3pm Mexican Train 10am-1pm Cards 1pm-3pm Bingo
	9am-3pm Mexican Train 12pm-1pm Lunch	9am-2pm Indoor Walking 10am-2pm Euchre/Bridge 12pm-1pm Lunch <b>10:00am Chair Exercises</b>
20	21	22
8:30 am-12pm Pickleball 9am-3pm Cards 1pm-3pm Yack & Yarnies <b>10:00am Chair Exercises</b> <b>9am-12pm Commodities Entrance "A"</b>	9am-2pm Indoor Walking 9am- 3pm Mexican Train 12pm-1pm Lunch <b>10:00am Yoga</b>	8:30 am-10:45am Pickleball/ <b>Basketball</b> 9am-2pm Indoor Walking 9am-3pm Cards 11am-12pm Cardio Drumming <b>9am-12pm Arts &amp; Crafts \$5.00</b>
		8:30am-12pm Pickleball 9am-3pm Mexican Train 10am-1pm Cards 12pm-1pm Lunch <b>11am Blood Pressure Checks</b>
		9am-2pm Indoor Walking 10am-2pm Euchre/Bridge 11am-12pm Line Dancing 1pm-3pm Bingo <b>10:00am Chair Exercises</b>
<b>*Mardi Gras Celebration*</b>	28	29
8:30 am-12pm Pickleball 9am-3pm Cards 1pm-3pm Yack & Yarnies <b>10:00am Chair Exercises</b>	9am-2pm Indoor Walking 9am- 3pm Mexican Train 12pm-1pm Lunch <b>10:00am Yoga</b>	8:30 am-10:45am Pickleball/ <b>Basketball</b> 9am-2pm Indoor Walking 9am-3pm Cards 11am-12pm Cardio Drumming
		9am-3pm Mexican Train 12pm-1pm Lunch
		8:30am-12pm Pickleball 9am-3pm Mexican Train 10am-1pm Cards 11am-12pm Line Dancing <b>10:00am Chair Exercises</b> <b>11:30am AMBA (To Protect your Nest Egg)</b>
		9am-2pm Indoor Walking 10am-2pm Euchre/Bridge 12pm-1pm Lunch 1pm-3pm Bingo

