

Our Story

We are open Tuesday, Wednesday, and Thursday from 8:30am-2pm at Freshwater Church, Entrance C located at 600 E. Michigan Ave, Paw Paw Michigan. Find us on Facebook at Paw Paw Township or on our website at

<https://pawpawtownshipmi.gov> under the Paw Paw Senior Center tab.

ACTIVITIES Activity schedules with additional information such as dates, fees, and times are available for pick up at Paw Paw Township located at 114 N Gremps Street during business hours Monday-Wednesday 8am-3pm Thursday 8am-11am or at the Senior Center.

Pickleball 8:30am-12pm
Pickleball 8:30am-10:45am Wed
Indoor Walking 9am-2pm Still continuing to do the light house walk. Two teams now!
Cardio Drumming 11am-12pm
Chair Exercise 10am-10:30am
Cards/Dominos 9am-2pm
Lunch 12pm-1pm
Line Dancing 11am, Yack & Yarnies 9am, or Bingo 1pm-2pm
Yoga 9:30am

LUNCH

For residents of Paw Paw and other participating Townships of Pine Grove, Hamilton, Waverly, and Alma lunches are \$5.00 per meal and if you are not a resident or are a guest of a resident, lunches are \$7.00. Monthly lunch calendars are available for pick up at Paw Paw Township located at 114 N Gremps Street during business hours Monday-Wednesday 8am-3pm Thursday 8am-11am or at the Senior Center.

April, May, June 2024

Paw Paw Senior Center Newsletter

Location: 600 E. Michigan Ave. Entrance C

Phone: 269-657-5076

Website: <https://pawpawtownshipmi.gov>



Arts and Crafts: The 3rd Wednesday of every month we will be doing an art and craft project for \$5 from 9am-12pm.

New Time Changes*

Starting in April we are changing our hours at the Paw Paw Senior Center- New time: 8:30am-2:00pm Tuesday, Wednesday and Thursday. On-site meals are served from 12pm-1pm (Note: to-go meals and frozen meals are available for pick up after 12:40pm only.) We are a Senior Center for people 60 and older, we do allow under 60 as a guest of a senior (guest cost is the same as non-resident). This is not restaurant.

Paw Paw Senior Center new rates started January 2024

Resident & Partners: Lunch \$5.00, no activities fee

Non-Residents: Lunch \$7.00, all exercise classes \$5.00,

Pickleball Daily Fee \$5.00

\$40.00 quarterly or \$150.00 annually.

Our next Social Mixer, "Spring Fling", will be held **Thursday April 11th** from 6pm-9pm in the Commons Room. Admission will be \$5 and includes music, dancing, and a whole lot of fun. Come and enjoy refreshments and snacks, and please feel free to bring a snack to pass. Sign up with Gary so he knows what you are bringing. Mark Graham will be the DJ for the night.

The Senior Center is always looking for donations of all sorts. Bingo prizes, yarn, arts and craft materials, games, seasonal fruit, and yoga blocks are just a few items that are needed. Please contact Gary for a more detailed list of needs. We also have a donation money box located at our greeter check-in table.

Special Luncheons Coming Soon

Note: on days with Holiday Luncheon, no salads are served. Lunch Served at 12p.m. – 1 p.m.

Friday April 19th at 1:30pm PPPS Luncheon held in **Paw Paw High School Cafeteria**. Alfredo Pasta w/ Chicken, Garlic Bread, Broccoli, Carrots with Cauliflower & Chocolate Cream Pie, \$5 donation fee

Thursday May 9th at 12:00pm we will celebrate Mother's Day with Chicken Breast w/Rice Pilaf, Veggies & Roll

Thursday May 23rd at 12:00pm we will celebrate Memorial Day with BBQ Chicken w/Potato Salad, Baked Beans & Roll

Friday May 17th at 1:30pm PPPS Luncheon held in **Paw Paw High School Cafeteria**. Fried Chicken w/ Potato Salad, Baked Beans & Apple Pie, \$5 donation fee (Note: The last one till fall)

Thursday June 13th at 12:00pm we will celebrate Father's Day with BBQ Ribs w/ Fries, & Corn on the Cob & Roll

Tuesday July 2nd at 12:00pm we will celebrate Fourth of July with Brats & Hotdogs w/all the fixings, Baked Beans, Cole Slaw & Roll

Presentations

Wednesday April 10th at 9:30am in R-103 Joshua from Family Fare, is doing follow-up Med Clinic on Vaccinations.

Tuesday April 9th from 11am-12pm in the café Kalamazoo Athletic Wellness is doing Chair Massages, cost is \$1.50 per minute with a 5-minute max.

Thursday April 11th at 11:30am in the café Kalamazoo Athletic Wellness is doing a Presentation on the programs they offer.

Wednesday April 24th at 11:30am in the R-103 Joshua from Family Fare, is doing a Presentation Medical Clinic on Meds you are currently taking.

Thursday May 9th at 10:30am in room 112 will be doing Presentation on **Your Identity - Staying Connected & Protected**: Identity theft is widespread and varied. This 60-minute presentation will allow the participant to review their ID protection checklist and learn steps the participant can start using today to help protect their identity.

Tuesday May 14th from 11am-12pm in the café Kalamazoo Athletic Wellness is doing Chair Massages, cost is \$1.50 per minute with a 5-minute max.

Wednesday May 22nd at 11:30am in the café Hillary Kerr from Bronson Health, is doing a presentation.

Wednesday May 29th from 9am-11am in Room 112 will be a presentation about helping participants through basic phone features on their Android or iPhone. Please bring your personal smartphone with you to help problem solve. Max 10 people.

Thursday May 30th 1st day of class from 9am-1pm in Room 112 is an AARP Smart Driver Course is a 2-day, 4-hour classroom session that teaches proven driving techniques to help keep drivers and their loved ones safe on the road. \$20 for AARP members and \$25 for non-members. Max 10 people.

Thursday June 4th at 11:30am in the café, Senior Care Partners (P.A.C.E.) is doing Presentation on the programs they offer.

Thursday June 6th 2nd day of class from 9am-1pm in Room 112 is an AARP Smart Driver Course is a 2-day, 4-hour classroom session that teaches proven driving techniques to help keep drivers and their loved ones safe on the road. \$20 for AARP members and \$25 for non-members. Max 10 people

Tuesday June 11th from 11am-12pm in the café Kalamazoo Athletic Wellness is doing Chair Massages, cost is \$1.50 per minute with a 5-minute max.

Thursday June 13th from 10am-12pm in Room 112 the AARP **Smart Drive TEK Workshop**. The 2-hour workshop covers the latest high-tech safety features in one's current or rental car, or what technology to look for when shopping for a new car. The safety benefits of blind spot warning systems, forward collision warnings, and more. Max 10 people.

Tuesday June 25th at 10:30am in Room 112 **Fraud Watch Basic** is a 60-minute presentation. This is an introduction to the AARP Fraud Watch Network, which is working to empower the participants to fight fraud with proven resources and tools to help one spot and avoid identity theft and fraud. Max 10 people.