

Paw Paw Senior Center Activities April 2024

Wednesday

Thursday

| Events are Subject to Change | I | 1 |
|--|--|---|
| 2 8:30 am-12pm Pickleball 9am-3pm Cards 1pm-3pm Yack & Yarnies 10:00am Chair Exercises 9:30am Yoga | 3 8:30 am-10:45am Pickleball/ Basketball 9am-2pm Indoor Walking 9am-2pm Cards/ Mexican Train 11am-12pm Cardio Drumming 12pm-1pm Lunch | 4 8:30am-12pm Pickleball 9am-2pm Mexican Train 9am-3pm Cards 11am-12pm Line Dancing 12pm-1pm Lunch 4 9am-2pm Indoor Walking 9am-3pm Euchre/Bridge 9:30am Yoga 10:00am Chair Exercises |
| 9 8:30 am-12pm Pickleball 9am-2pm Indoor Walking 9am- 2pm Cards/Mexican Train 11am-2pm Yack & Yarnies 12pm-1pm Lunch 10:00am Chair Exercises 9:30am Yoga 11am-12pm KAW Chair Massage \$1.50 minute 1pm-2pm Bingo | 10 8:30 am-10:45am Pickleball/ Basketball 9am-2pm Indoor Walking 9am-2pm Cards/ Mexican Train 11am-12pm Cardio Drumming 9:30am Family Fare (Follow-up Clinic) 12pm-1pm Lunch | 118:30am-12pm Pickleball9am-2pm Indoor Walking9am-2pm Mexican Train9:30am Yoga9am-3pm Card/ Euchre/Bridge12pm-1pm Lunch11am-12pm Line Dancing10:00am Chair Exercises11:30am-12pm KAW Presentation6pm-9pm Social Mixer Spring Fling in Commons |
| 168:30 am-12pm Pickleball9am-2pm Indoor Walking9am- 2pm Cards/Mexican Train9:30am Yoga11am-2pm Yack & Yarnies12pm-1pm Lunch10:00am Chair Exercises1pm-2pm Bingo9am-12pm Commodities Entrance "A" | 17 8:30 am-10:45am Pickleball/ Basketball 9am-2pm Indoor Walking 9am-2pm Cards/ Mexican Train 11am-12pm Cardio Drumming 9am-12pm Arts & Crafts \$5.00 12pm-1pm Lunch | 18 8:30am-12pm Pickleball 9am-2pm Mexican Train 9am-3pm Card/ Euchre/Bridge 9:30am Yoga 10:00am Chair Exercises |
| 23 8:30 am-12pm Pickleball 9am-2pm Indoor Walking 9am- 2pm Cards/ Mexican Train 11am-2pm Yack & Yarnies 12pm-1pm Lunch 10:00am Chair Exercises 9:30am Yoga 1pm-2pm Bingo | 24 8:30 am-10:45am Pickleball/ Basketball 9am-2pm Indoor Walking 9am-2pm Cards/Mexican Train 11am-12pm Cardio Drumming 9:30am Family Fare Medical Talk 12pm-1pm Lunch | 25 8:30am-12pm Pickleball 9am-2pm Mexican Train 9am-3pm Card/ Euchre/Bridge 10:00am Chair Exercises 925 930am-2pm Indoor Walking 930am Yoga 12pm-1pm Lunch 11am-12pm Line Dancing |
| 30 8:30 am-12pm Pickleball 9am-2pm Indoor Walking 9am- 2pm Cards/Mexican Train 11am-2pm Yack & Yarnies 12pm-1pm Lunch 10:00am Chair Exercises 9:30am Yoga 1pm-2pm Bingo | | |