



# Paw Paw Senior Center Activities July 2024

## Tuesday

## Wednesday

## Thursday

Events are Subject to Change...

<p style="text-align: right;">2</p> <p>8:30 am-12pm Pickleball      9am Indoor Walking            9am- 2pm Mexican Train      9:30am Yoga            11am-3pm Yack &amp; Yarnies      12pm-1pm Lunch            10am Chair Exercises      1pm-2pm Bingo</p>	<p style="text-align: right;">3</p> <p>8:30 am-10:45am Pickleball      <b>1:30pm Dancer-Cise</b>            9am-2pm Indoor Walking            9am-2pm Cards/ Mexican Train            11am-12pm Cardio Drumming            12pm-1pm Lunch</p>	<p style="text-align: right;">4</p> <p style="text-align: center; font-size: 2em;"><b>CLOSED</b></p>
<p style="text-align: right;">9</p> <p>8:30 am-12pm Pickleball      9am Indoor Walking            9am- 2pm Mexican Train      9:30am Yoga            11am-3pm Yack &amp; Yarnies      12pm-1pm Lunch            10am Chair Exercises      1pm-2pm Bingo  <b>11am-12pm KAW Chair Massage \$1.50 a minute</b></p>	<p style="text-align: right;">10</p> <p>8:30 am-10:45am Pickleball      <b>1:30pm Dancer-Cise</b>            9am-2pm Indoor Walking            9am-2pm Cards/ Mexican Train            11am-12pm Cardio Drumming            12pm-1pm Lunch  <b>11:30am UCS Christmas in July Program</b></p>	<p style="text-align: right;">11</p> <p>8:30am-12pm Pickleball      9am-2pm Indoor Walking            9am-2pm Mexican Train      9:30am Yoga            9am-3pm Card/ Euchre/Bridge      12pm-1pm Lunch            11am-12pm Line Dancing      10:00am Chair Exercises  <b>10:30am-1pm AARP Demystifying Dementia in R112</b></p>
<p style="text-align: right;">16</p> <p>8:30 am-12pm Pickleball      9am Indoor Walking            9am- 2pm Cards/Mexican Train      9:30am Yoga            11am-3pm Yack &amp; Yarnies      12pm-1pm Lunch            10am Chair Exercises      1pm-2pm Bingo</p>	<p style="text-align: right;">17</p> <p>8:30 am-10:45am Pickleball      <b>1:30 pm Dancer-Cise</b>            9am-2pm Indoor Walking      10am Arts &amp; Crafts \$5.00            9am-2pm Cards/ Mexican Train            11am-12pm Cardio Drumming            12pm-1pm Lunch</p>	<p style="text-align: right;">18</p> <p>8:30am-12pm Pickleball      9am-2pm Indoor Walking            9am-2pm Mexican Train      12pm-1pm Lunch            9am-3pm Card/ Euchre/Bridge      10am Chair Exercises  <b>11:30am Mobile Help in Cafe</b></p>
<p style="text-align: right;">23</p> <p>8:30 am-12pm Pickleball      9am Indoor Walking            9am- 2pm Cards/ Mexican Train      9:30am Yoga            11am-3pm Yack &amp; Yarnies      12pm-1pm Lunch            10am Chair Exercises      1pm-2pm Bingo  <b>9am-12pm Commodities Entrance "A"</b></p>	<p style="text-align: right;">24</p> <p>8:30 am-10:45am Pickleball      <b>1:30 pm Dancer-Cise</b>            9am-2pm Indoor Walking            9am-2pm Cards/ Mexican Train            11am-12pm Cardio Drumming            12pm-1pm Lunch</p>	<p style="text-align: right;">25</p> <p>8:30am-12pm Pickleball      9am-2pm Indoor Walking            9am-2pm Mexican Train      9:30am Yoga            9am-3pm Card/ Euchre/Bridge      12pm-1pm Lunch            10am Chair Exercises      11am-12pm Line Dancing  <b>11am-2pm Hearing Life</b></p>
<p style="text-align: right;">30</p> <p>8:30 am-12pm Pickleball      9am-2pm Indoor Walking            9am- 2pm Cards/Mexican Train      9:30am Yoga            11am-3pm Yack &amp; Yarnies      12pm-1pm Lunch            10am Chair Exercises      1pm-2pm Bingo</p>	<p style="text-align: right;">31</p> <p>8:30 am-10:45am Pickleball            9am-2pm Indoor Walking      12pm-1pm Lunch            9am-2pm Cards/Mexican Train            11am-12pm Cardio Drumming  <b>1:30 pm Dancer-Cise</b></p>	<p><b>Special Event: July 19<sup>th</sup> Bus Trip Blue Gate Theater See Gary if interested...bus can only hold 21 people max...with fold up walkers. \$75 fee. See the flyer for details Fee is due when you sign-up!!</b></p>