Diagram

Description automatically generated with low confidencePaw Paw Senior Center Newsletter

We are open Tuesday, Wednesday, and Thursday from 8:30am-3pm at Freshwater Church, Entrance C located at 600 E. Michigan Ave, Paw Paw Michigan. Find us on Facebook at Paw Paw Township or on our website at <https://pawpawtownshipmi.gov> under the Paw Paw Senior Center tab.

**ACTIVITIES** Activity schedules with additional information such as dates, fees, and times are available for pick up at Paw Paw Township located at 114 N Gremps Street during business hours Monday-Wednesday 8am-3pm Thursday 8am-11am or at the Senior Center.

Pickleball 8:30am-12pm

Pickleball 8:30am-10:45am Wed

Indoor Walking 9am-2pm Still continuing to do the light house walk. Two teams now! cheer them on as they walk the halls.

Cardio Drumming 11am -12pm Chair Exercise 10am-10:30am

Cards/Dominos 9am-2pm

Lunch 12pm-1pm Tue,

Line Dancing 11am, Yack & Yarnies 1-3pm or Bingo 1pm-2pm Yoga 9:30am,1:30pm Dancer-Cise on Wednesday Hoopla on Thursday &10:45am Time to Relax on Tuesday.

**LUNCH**

For residents of Paw Paw and other participating Townships of Pine Grove, Hamilton, Waverly, and Lunches are $6.00 per meal and if you are not a resident, lunches are $8.00. Meals you can enjoy with others. Monthly lunch calendars are available for pick up at Paw Paw Township located at 114 N Gremps Street during business hours Monday-Wednesday 8am-3pm Thursday 8am-11am or at the Senior Center.

Our Story

**October, November, December 2024**

**Location**: 600 E. Michigan Ave. Entrance C **Phone:** 269-657-5076 **Website:** <https://pawpawtownshipmi.gov>

Join us for Arts and Crafts every 3rd Wednesday of the month for $5 from 10am-12pm.

**Winners of Grape and Vine Harvest Pickleball Tournament**

**Men’s Division:**

**Gold**: Joe Rico & Vince Soo

**Silver**: Raf Turanzas & Jeff Nystrom

**Bronze:** Tom Kohl & Ken Lawson

**Women’s Division**:

**Gold:** Jane Schroder & Anne Mahrle

**Silver**: Cathy Arrans & Kim Bateman

**Bronze:** Dianne McDonald & Diane Malz.

Thank you to the pickleball committee and volunteers that helped with the event. We really appreciated the donations of Sponsorships, Gift Baskets, and Gift Cards from many local businesses in the area. We couldn’t have raised $4,000.00 from the fundraiser without these donations. Thank you!

*Our next Social Mixer is Thursday October 17th from 6pm-9pm. Please come celebrate Halloween with us dressed up in a fabulous costume. $5 to enter and enjoy refreshments, snacks, music, and dancing with friends by music put on by Mark Graham.*



The Senior Center is always looking for donations of all sorts. Bingo prizes, yarn, arts and craft materials, games, seasonal fruit, and yoga blocks are just a few items in need. Please contact Gary for a more detailed list of needs. We also have a donation money box located at our greeter check-in table.

Two new exercise classes have been added to our list of exercise, **Hoopla** on Thursdays at 1:30pm and **Time to Relax** on Tuesdays at 10:45am.

Attention Seniors!! If you have ideas for new activities or meals you would like to see us do here, contact Gary at 269-657-7073.

We are always looking for volunteers to help us in café/kitchen or greeter check-in table, contact Gary at 269-657-5076

Seniors, if you know someone that has made an impact to Paw Paw area community, let Gary know at 269-657-5076.

**Sorry for the inconvenience, but the following days have been cancelled for classes:**

October 1 & 3Chair Exercise October 16 & 23 Dancer-Cise October 17 & 24 Hoopla October 31 & November 7 Line Dancing.

**Special Luncheons Coming Soon**

**Note: on days with Holiday Luncheon, no salads are served. Lunch Served at 12p.m. – 1 p.m.**

**Friday October** 11th at 1:00pm the first of the school year PPPS Luncheon held in Paw Paw High School Cafeteria.

See flyer for details.

**Tuesday October** 31stHalloween & Costume Party: Cluckie Italian Gold w/Ribbons in Slim & Garden Delight & Vampire Repellant.

**Wednesday November** 12thVeterans Lunch: Ham & Bean Soup & Corn Bread.

**Friday November** 15th at 1:00pm PPPS Luncheon held in Paw Paw High School Cafeteria. See flyer for details.

**Thursday November** 21stThanksgiving Lunch: Turkey & Dressing, Mashed Potatoes, Green Beans & Cranberry Sauce,

**Friday December** 13th at 1:00pm PPPS Luncheon held in Paw Paw High School Cafeteria. See flyer or details.

**Thursday December** 21st Christmas Luncheon: Ham, Cheesy Potatoes, Veggies & Deviled Eggs.

**Monday December** 2nd at 11:30am Paw Paw Lions Club Luncheon held in their cafeteria at the Lions Club.

**NOTE:** Don’t Forget to pick up your Commodities the 3rd Tuesday of each month, at 9am-12pm use Entrance “A” of FW Church U shape driveway, if you would like to sign-up or see if you can be qualified for this federal food program see Gary or Tom for an application. If miss your time, on the third Tuesday of the month, you still can pick-up your monthly box Tuesday, Wednesday & Thursday 9am-3pm come into at Entrance “C” ask for Gary.

MMAP

Open enrollment for 2025 October 16th-November 27th every Wednesday 9:30am-3pm so sign-up at greeter desk for your time slot.

**Presentations**

**Thursday October 3rd 1st day of class from 9am-1pm** in Room 112 is an AARP Smart Driver Course is a 2-day, 4-hour classroom session that teaches proven driving techniques to help keep drivers and their loved ones safe on the road. $20 for AARP members and $25 for non-members. Max 10 people**.**

**Thursday October 10th 2nd day of class from 9am-1pm** in Room 112 is an AARP Smart Driver Course is a 2-day, 4-hour classroom session that teaches proven driving techniques to help keep drivers and their loved ones safe on the road. $20 for AARP members and $25 for non-members. Max 10 people.

**Thursday October 31st from 10am-12pm** in Room 112 the AARP **Smart Drive TEK Workshop.** The 2-hour workshop covers the latest high-tech safety features in one's current or rental car, or what technology to look for when shopping for a new car. The safety benefits of blind spot warning systems, forward collision warnings, and more. Max 10 people.

**Tuesday November 12th from 11am-12pm** Veterans Services will be here that day to talk to the veterans about their programs they offer.

**Thursday December 10th from 11am-12pm** in the café Kalamazoo Athletic Wellness is doing Chair Massages, cost is $1.50 per minute that you would pay them for this service.