



# Paw Paw Senior Center Activities October 2024

Times: 8:30am-3pm

**Tuesday**

**Wednesday**

**Thursday**

Events are Subject to Change...

1	<p>8:30 am-12pm Pickleball 9am-2pm Mexican Train 11am-3pm Yack &amp; Yarnies <b>10am NO! Chair Exercises</b> 1pm-2pm Bingo</p> <p>9am Indoor Walking 9:30am Yoga 12pm-1pm Lunch <b>10:45am Time to Relax</b></p>	2	<p>8:30 am-10:45am Pickleball 9am-2pm Indoor Walking 9am-2pm Cards/ Mexican Train 11am-12pm Cardio Drumming 12pm-1pm Lunch</p> <p>1:30pm Dancer-Cise</p>	3	<p>8:30am-12pm Pickleball 9am-2pm Mexican Train 9am-3pm Card/ Euchre/Bridge 9am-2pm Indoor Walking 11am-12pm Adv Line Dancing</p> <p><b>9am-1pm Smart Driver Course</b> 9:30am Yoga 12pm-1pm Lunch <b>10am NO! Chair Exercise</b> 1:30pm Hoopla Exercise</p>
8	<p>8:30 am-12pm Pickleball 9am-2pm Mexican Train 11am-3pm Yack &amp; Yarnies 10am Chair Exercises <b>10:45am Time to Relax</b></p> <p>9am Indoor Walking 9:30am Yoga 12pm-1pm Lunch 1pm-2pm Bingo</p>	9	<p>8:30 am-10:45am Pickleball 9am-2pm Indoor Walking 9am-2pm Cards/ Mexican Train 11am-12pm Cardio Drumming 12pm-1pm Lunch</p> <p>1:30pm Dancer-Cise <b>10am Arts &amp; Crafts \$5.00</b></p>	10	<p>8:30am-12pm Pickleball 9am-2pm Mexican Train 9am-3pm Card/ Euchre/Bridge 9am-2pm Indoor Walking 11am-12pm Adv Line Dancing</p> <p><b>9am-1pm Smart Driver Course</b> 9:30am Yoga 12pm-1pm Lunch 10am Chair Exercises 1:30pm Hoopla Exercise</p>
15	<p>8:30 am-12pm Pickleball 9am- 2pm Cards/Mexican Train 11am-3pm Yack &amp; Yarnies 10am Chair Exercises 1pm-2pm Bingo 9am-12pm Commodities Entrance "A"</p> <p>9am Indoor Walking 9:30am Yoga 12pm-1pm Lunch <b>10:45am Time to Relax</b></p>	16	<p>8:30 am-10:45am Pickleball 9am-2pm Indoor Walking 9am-2pm Cards/ Mexican Train 11am-12pm Cardio Drumming <b>1:30 pm NO! Dancer-Cise</b> 12:30pm Talk w/ Local Celebrity <b>9am-3pm MAPPS Starts, need to sign-up for a time slot!</b></p> <p><b>9am AARP Phone Care</b> 12pm-1pm Lunch</p>	17	<p>8:30am-12pm Pickleball 9am-2pm Mexican Train 9am-3pm Card/ Euchre/Bridge 9am-2pm Indoor Walking 11am-12pm Adv Line Dancing <b>11:am -2pm Hearing Life</b> <b>6pm-9pm Halloween Social Mixer Party in FW Commons!!</b> <i>Come one come all bring a friend...</i></p> <p>9:30am Yoga 12pm-1pm Lunch 10am Chair Exercises <b>1:30pm NO! Hoopla Exercise</b></p>
22	<p>8:30 am-12pm Pickleball 9am- 2pm Cards/ Mexican Train 11am-3pm Yack &amp; Yarnies 10am Chair Exercises <b>10:45am Time to Relax</b></p> <p>9am Indoor Walking 9:30am Yoga 12pm-1pm Lunch 1pm-2pm Bingo</p>	23	<p>8:30 am-10:45am Pickleball 9am-2pm Indoor Walking 9am-2pm Cards/ Mexican Train 11am-12pm Cardio Drumming <b>1:30 pm NO! Dancer-Cise</b> <b>9am-3pm MAPPS</b></p> <p>12pm-1pm Lunch</p>	24	<p>8:30am-12pm Pickleball 9am-2pm Mexican Train 9am-3pm Card/ Euchre/Bridge 9am-2pm Indoor Walking 11am-12pm Adv Line Dancing</p> <p>9:30am Yoga 12pm-1pm Lunch 10am Chair Exercises <b>1:30pm NO! Hoopla Exercise</b></p>
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