# Our Story

We are open Tuesday,
Wednesday, and Thursday from
8:30am-3pm at Freshwater
Church, Entrance C located at
600 E. Michigan Ave, Paw Paw
Michigan. Find us on Facebook at
Paw Paw Township or on our
website at

https://pawpawtownshipmi.gov under the Paw Paw Senior Center

**ACTIVITIES** Activity schedules with additional information such as dates, fees, and times are available for pick up at Paw Paw Township located at 114 N Gremps Street during business hours Monday-Wednesday 8am-3pm Thursday 8am-11am or at the Senior Center. Pickleball 8:30am-12pm Pickleball 8:30am-10:45am Wed Indoor Walking 9am-2pm Still continuing to do the light house walk. Two teams now! cheer them on as they walk the halls. Cardio Drumming 11am -12pm Chair Exercise 10am-10:30am Cards/Dominos 9am-2pm Lunch 12pm-1pm Tue, Line Dancing I Iam, Yack & Yarnies I-3pm or Bingo Ipm-2pm Yoga 9:30am, I:30pm Dancer-Cise on Wednesday Hoopla on Thursday & 10:45am Time to Relax on Tuesday.

#### **LUNCH** meals here!

For residents of Paw Paw and other participating Townships of Pine Grove, Hamilton, Waverly, and Almena & Lunches are \$6.00 per meal and if you are not a resident, lunches are \$8.00. Meals you can enjoy with others. Monthly lunch calendars are available for pick up at Paw Paw Township located at 114 N Gremps Street during business hours Monday-Wednesday 8am-3pm Thursday 8am-11am or at the Senior Center.

October, November, December 2024

# Paw Paw Senior Center Newsletter

Location: 600 E. Michigan Ave. Entrance C

Phone: 269-657-5076

Website: https://pawpawtownshipmi.gov



Join us for Arts and Crafts every 3<sup>rd</sup> Wednesday of the month for \$5 from 10am-12pm.

Our next Social Mixer is Thursday December 19<sup>th</sup> from 6pm-9pm. Please come celebrate Ugly Sweater Night with us. Dress up in your ugly sweater for a chance to win a prize for the best dressed. \$5 to enter and enjoy refreshments, snacks, music, and dancing with friends. Music is put on by Mark Graham.

## **PAW PAW SENIOR CENTER**

Tuesday, Wednesday & Thursday 8:30am to 3:00pm

60 years and Older

## STARTING DECEMBER 1st, 2024

All To Go Meal are \$1.00 more.

New Pricing beginning JANUARY 1st, 2025.

Residents & Partners:

Lunch \$6.00 To Go Meals \$7.00

Non-Residents:

Lunch \$8.00 To Go Meals \$9.00

Non-Residents:

Membership Fee \$40.00 a year

Pickleball \$5.00 per day or \$25 unlimited a month

Exercise Classes \$5.00 per class

The Senior Center is always looking for donations of all sorts. Bingo prizes, yarn, arts and craft materials, games, seasonal fruit, and yoga blocks are just a few items in need. Please contact Gary for a more detailed list of needs. We have a donation money box located at our greeter check-in table.

A new exercise class has been added to our list of exercises, **Cardio Drumming**, on Tuesdays from 11:00-12pm in January 2025.

Attention Seniors: If you have ideas for new activities or meals you would like to see us do here, contact Gary at 269-657-7073.

We are always looking for volunteers to help us in the café/kitchen or greeter check-in table, contact Gary at 269-657-5076

If you know of a family that need help over the holidays, please see Gary at the Senior Center, we have a company that wants to give back to a family in need over the holidays.

Seniors, if you know someone that has made an impact on Paw Paw Community, let Gary know at 269-657-5076.

The following days we are closed on December 24,25,26 & 31, and January  $2^{nd}$ . We are open back up on Tuesday January  $7^{th}$ . Stay heathy, happy, and enjoy your families over the holidays.

## **Special Luncheons Coming Soon**

Note: on days with Holiday Luncheon, no salads are served. Lunch Served at 12p.m. - 1 p.m.

**Monday December 2**<sup>nd</sup> at 11:30 am doors open 11:15am, Paw Paw Lions Club Luncheon (Free) Pork Chops, Mashed Potatoes, Gravy, Side Salad, Veggies, Homemade Desserts.

Friday December 13th at 1:00pm PPPS Luncheon held in Paw Paw High School Cafeteria. See flyer for details.

Thursday December 19th Christmas Luncheon: Ham, Cheesy Potatoes, Veggies & Deviled Eggs.

### **MMAP**

Open enrollment for 2025 October 16<sup>th</sup>-November 27th every Wednesday from 9:30am-3pm so sign-up at greeter desk for your time slot.

**NOTE:** Don't Forget to pick up your Commodities the 3<sup>rd</sup> Tuesday of each month, at 9am-12pm use Entrance "A" of Fresh Water Church U shape driveway. If you would like to sign-up or see if you can be qualified for this federal food program see Gary or Tom for an application.

# **Presentations**

**Tuesday December 5th from 12:30pm-1pm** Visting Angels will be here that day to talk to the Seniors about their programs they offer.

**Tuesday December 10th from 11am-12pm** in the café Kalamazoo Athletic Wellness is doing Chair Massages, cost is \$1.50 per minute that you would pay them for this service.

**Tuesday December 17<sup>th</sup> from 12:30pm-1pm** Paw Paw Pharmacy will be here that day to talk to the Seniors about their programs they offer Door to Door meds.

Wednesday December 18th at 1pm R-112 Grief Support Group third Wednesday of each month.

**Thursday December 19th from 12:30pm-1pm** Paw Paw Senior Center is hosting an **Ugly Sweater Christmas Party** Wear your ugliest Christmas Sweater for a chance to win a prize.

**Thursday December 19th from 6:00pm-9:00pm** Paw Paw Senior Center is hosting an **Ugly Sweater Christmas Party Mixer** Wear your ugliest Christmas Sweater for a chance to win a prize see flyer for details...