January, February, and March 2025 Revised



PAWPAWSENIOR CENTER NEWSLETTER

Tuesday, Wednesday, and Thursday from 8:30 am-3pm

Location: 600 E. Michigan Ave. **Entrance C**

Phone: 269-657-5076

60+

Website: https://pawpawtownshipmi.gov

REMINDER: If there is severe weather, please check with WWMT for Senior Center to be closed. If Paw Paw Public Schools are closed, the Senior Center will be too.

New Pricing beginning JANUARY 1st, 2025.

Residents & Partners:

Lunch \$6.00 To Go Meals \$7.00

Non-Residents:

Lunch \$8.00 To Go Meals \$9.00

Non-Residents:

Membership Fee \$40.00 a year or \$12 quarterly

\$5.00 per day or \$25 unlimited a month Pickleball

Exercise Classes \$5.00 per class

New Classes



Cardio Drumming added on Tuesdays at 11am



Gentle Yoga on Tuesdays at 10:45 am



Hoopla on Thursdays



Dancer-Cise Wednesdays at 1:30pm



Our next Social Mixer is Spring Fling, Thursday April 17th from 6pm-9pm. \$5.00 Entry Fee

Light snacks and refreshments provided.

Presentations

<u>Hearing Life</u> will be testing hearing on *Thursday January 9th* from 11:00pm-2pm

<u>Van Buren/Cass District Heath</u> will be here on *Tuesday January 14th* from 12:30pm-1pm

Grief Support Group Wednesday January 15th at 1pm R-112

Paw Paw Pharmacy will be doing Blood Pressure Checks on Tuesday

January 21st at 11am, Tuesday February 18th at 11am, and Tuesday

March 18th at 11am

<u>Visiting Angels</u> will be here *Thursday January 23rd* from 12:30pm-1pm, *Thursday February 13th* from 12:30-1pm, and *Thursday March 13th* from 12:30pm-1pm and is sponsoring dessert these days.

Special Luncheons

*salads are not available during these special events.

Valentine's Day: *Thursday February 13th at 12 pm* pork-loin, baked potato w/veggies and a roll. Dessert is sponsored by Visting Angels.

Mardi Gras Day: *Tuesday March 4th at 12 pm* jambalaya, coleslaw, and corn bread St. Patrick Day: *Thursday March 13th at 12 pm* corn beef, cabbage, carrots, and rye bread. Dessert is sponsored by Visiting Angels.

Other Events

*Pickleball Tournament Saturday March 8th 9am-3pm Fee \$10 per person mixed doubles you get to pick your partner see Gary for more details.

*Line Dancing in The FW Commons Saturday's March 22nd, April 5th & May 17th. Times: 6-8pm \$5 fee. Snacks and water are provided.

- *Craft and Bake Sale April 26th 9am-2pm. See Gary for more information.
- *Commodities can be picked up the 3^{rd} Tuesday of each month between 9am-12pm.
- * Monthly Activity Calendars and Lunch Menus can be found at the check-in table or online.