



Paw Paw Senior Center Activities February 2025

Times: 8:30am-3pm

Tuesday

Wednesday

Thursday

Events are Subject to Change...

4	8:30 am-12pm Pickleball 9:30am Yoga 10:45am Gentle Yoga 11am-12pm Cardio Drumming 1pm-3pm Yack & Yarnies 1pm-2pm Bingo 9am Indoor Walking 10am Chair Exercises 11am-1pm Mexican Train 11am-12pm Corn Hole 12pm-1pm Lunch	5	8:30 am-10:45am Pickleball 9am-2pm Indoor Walking 11am-1pm Cards/ Mexican Train 11am-12pm Cardio Drumming 12pm-1pm Lunch 1:30pm Dancer-Cise	6	8:30am-12pm Pickleball 9:30am Yoga 10am-3pm Card/Euchre/Bridge 11am-12pm Beg/+ Line Dancing 12pm-1pm Lunch 9am-2pm Indoor Walking 10am Chair Exercises 11am-1pm Mexican Train 1:30pm Hoopla Exercise
11	8:30 am-12pm Pickleball 9:30am Yoga 10:45am Gentle Yoga 11am-12pm Cardio Drumming 1pm-3pm Yack & Yarnies 1pm-2pm Bingo 9am Indoor Walking 10am Chair Exercises 11am-1pm Mexican Train 11am-12pm Corn Hole 12pm-1pm Lunch 12:30pm Corewell Health	12	8:30 am-10:45am Pickleball 9am-1pm Indoor Walking 11am-1pm Cards/ Mexican Train 11am-12pm Cardio Drumming 12pm-1pm Lunch 1:30pm Dancer-Cise	13	Valentine's Day 8:30am-12pm Pickleball 9:30am Yoga 10am-3pm Card/Euchre/Bridge 11am-12pm Beg/+ Line Dancing 12pm-1pm Lunch 9am-2pm Indoor Walking 10am Chair Exercises 11am-1pm Mexican Train 1:30pm Hoopla Exercise 12:30pm Visiting Angels
18	8:30 am-12pm Pickleball 9:30am Yoga 10:45am Gentle Yoga 11am-12pm Cardio Drumming 1pm-3pm Yack & Yarnies 1pm-2pm Bingo 9am-12pm Commodities Entrance "A" 9am Indoor Walking 10am Chair Exercises 11am-1pm Mexican Train 11am-12pm Corn Hole 12pm-1pm Lunch 11am Blood Pressure Checks	19	8:30 am-10:45am Pickleball 9am-2pm Indoor Walking 11am-1pm Cards/ Mexican Train 11am-12pm Cardio Drumming 10am Arts & Crafts Cancelled 12pm-1pm Lunch 1:30pm Dancer-Cise	20	8:30am-12pm Pickleball 9:30am Yoga 10am-3pm Card/ Euchre/Bridge 11am-12pm Beg/+ Line Dancing 12pm-1pm Lunch 9am-2pm Indoor Walking 10am Chair Exercises 11am-1pm Mexican Train 1:30pm Hoopla Exercise
25	8:30 am-12pm Pickleball 9:30am Yoga 10:45am Gentle Yoga 11am-12pm Cardio Drumming 1pm-3pm Yack & Yarnies 1pm-2pm Bingo 9am Indoor Walking 10am Chair Exercises 11am-1pm Mexican Train 11am-12pm Corn Hole 12pm-1pm Lunch 12:30pm Special Court/Abel Munoz	26	8:30 am-10:45am Pickleball 9am-2pm Indoor Walking 11am-1pm Cards/ Mexican Train 11am-12pm Cardio Drumming 12pm-1pm Lunch 1:30pm Dancer-Cise	27	8:30am-12pm Pickleball 9:30am Yoga 10am-3pm Card/ Euchre/Bridge 11am-12pm Beg/+ Line Dancing 12pm-1pm Lunch 9am-2pm Indoor Walking 10am Chair Exercises 11am-1pm Mexican Train 1:30pm Hoopla Exercise

