

Paw Paw Senior Center Activities - February 2026

Monday	Tuesday	Wednesday	Thursday	Friday
2 CLOSED	8:30- 12:00 Pickleball 3 9:00- 10:00 Cardio Drumming 10:00- 10:30 Sit & Stretch 10:00- 11:00 Yoga 11:00- 11:30 Yin Yoga 1:00- 2:00 Big Prize Bingo	8:30- 10:30 Pickleball 4 9:00- 10:00 Healthy Eating 10:00- 11:00 Dynamic F.M.T 11:00- 12:00 Jeopardy 11:00- 12:00 Cardio Drumming 1:00- 3:00 Movie Matinee	8:30- 12:00 Pickleball 5 9:00- 10:00 Cardio Drumming 10:00- 10:30 Sit & Stretch 10:00- 11:00 Yoga 10:00- 3:00 Card Games 11:15- 12:15 Line Dancing 1:00- 2:00 Tai Chi w. Ed Kehoe	6 CLOSED
9 CLOSED	8:30- 12:00 Pickleball 10 9:00- 10:00 Cardio Drumming 10:00- 10:30 Sit & Stretch 10:00- 11:00 Yoga 11:00- 11:30 Yin Yoga 1:00- 2:00 Bingo 1:00- 3:00 Crafting with Bre	8:30- 10:30 Pickleball 11 9:00- 10:00 Healthy Eating 10:00- 11:00 Dynamic F.M.T 11:00- 12:00 Valentines Karaoke 11:00- 12:00 Cardio Drumming 1:00- 3:00 Movie Matinee	8:30- 12:00 Pickleball 12 9:00- 10:00 Cardio Drumming 10:00- 10:30 Sit & Stretch 10:00- 11:00 Yoga 10:00- 3:00 Card Games 11:15- 12:15 Line Dancing 1:00- 2:00 Tai Chi w. Ed Kehoe	13 Dance Zone Children's Recital 5:30pm- Gym (\$5.00 Admission Fee)
16 CLOSED	8:30- 12:00 Pickleball 17 9:00- 10:00 Cardio Drumming 9:00- 12:00 Commodities 10:00- 10:30 Sit & Stretch 10:00- 11:00 Yoga 11:00- 11:30 Yin Yoga 1:00- 2:00 Mardi Gra Bingo	8:30- 10:30 Pickleball 18 9:00- 10:00 Healthy Eating 10:00- 11:00 Dynamic F.M.T 11:00-12:00 Readers Theatre 11:00- 12:00 Cardio Drumming 1:00- 3:00 Movie Matinee	8:30- 12:00 Pickleball 19 9:00- 10:00 Cardio Drumming 10:00- 10:30 Sit & Stretch 10:00- 11:00 Yoga 10:00- 3:00 Card Games 11:15- 12:15 Line Dancing 1:00- 2:00 Tai Chi w. Ed Kehoe	20 CLOSED
23 CLOSED	8:30- 12:00 Pickleball 24 9:00- 10:00 Cardio Drumming 10:00- 10:30 Sit & Stretch 10:00- 11:00 Yoga 11:00- 11:30 Yin Yoga 1:00- 2:00 Bring a Prize Bingo 1:00- 3:00 Crafting with Bre	8:30- 10:45 Pickleball 25 9:00- 10:00 Healthy Eating 10:00- 11:00 Dynamic F.M.T 10:30- 12:00 Murder Mystery 11:00- 12:00 Cardio Drumming 1:00- 3:00 Movie Matinee	8:30- 12:00 Pickleball 26 9:00- 10:00 Cardio Drumming 10:00- 10:30 Sit & Stretch 10:00- 11:00 Yoga 10:00- 3:00 Card Games 11:15- 12:15 Line Dancing 1:00- 2:00 Tai Chi w. Ed Kehoe	27 CLOSED
28 CLOSED	<u>Join us Tuesday, Wednesday, Thursday from 8:30-3:00!</u>	<u>Daily Activities</u> Coffee & Chronicles 9am-12pm Indoor Walking 9am- 3pm Cards & Games 9am- 3pm Yack & Yarnies 9am- 3pm LUNCH 12pm- 1pm	<u>LUNCH COSTS:</u> Residents: \$6/\$7 (To-go) Non-Residents: \$8/\$9 (To-go)	<u>Thursday, February 5th</u> 11:30- 12:30 Community Council <u>Tuesday, February 24th</u> 9:00- 12:00 Dr. G Podiatrist

