

Monday

Tuesday

Wednesday


Thursday

Friday



# May 2026

*Open- Tuesday, Wednesday, Thursday from 8:30am-3:00pm*

<b>1</b>						
<b>CLOSED</b>	<b>4</b> 8:30- 12:00 Pickleball 9:00- 10:00 Cardio Drumming 10:00- 10:30 Sit & Stretch 10:00- 11:00 Yoga 10:30- 11:00 Dynamic F.M.T 11:00- 11:30 Yin Yoga 1:00- 2:00 Big Prize Bingo 1:00- 3:00 Yacking Yarnies	<b>5</b>	<b>6</b> 8:30- 11:00 Pickleball 9:00- 10:00 Nutrition Class 10:00- 12:00 Mexican Train 10:30- 11:00 Dynamic F.M.T 11:00- 12:00 Cardio Drumming 1:00- 2:00 Karaoke	<b>7</b> 8:30- 12:00 Pickleball 9:00- 10:00 Cardio Drumming 10:00- 10:30 Sit & Stretch 10:00- 11:00 Yoga 10:00- 3:00 Card Games 10:30- 11:00 Dynamic F.M.T 11:00- 12:00 Community Council 11:15- 12:15 Line Dancing 1:00- 2:00 Tai Chi	<b>8</b>	<b>CLOSED</b>
<b>CLOSED</b>	<b>11</b> 8:30- 12:00 Pickleball 9:00- 10:00 Cardio Drumming 10:00- 10:30 Sit & Stretch 10:00- 11:00 Yoga 10:30- 11:00 Dynamic F.M.T 11:00- 11:30 Yin Yoga 1:00- 2:00 Bingo 1:00- 3:00 Yacking Yarnies	<b>12</b>	<b>13</b> 8:30- 11:00 Pickleball 9:00- 10:00 Nutrition Class 9:30- 10:00 Chair Volleyball 10:00- 10:15 Guess The Song 10:30- 11:00 Dynamic F.M.T 11:00- 12:00 Cardio Drumming	<b>14</b> 8:30- 12:00 Pickleball 9:00- 10:00 Cardio Drumming 10:00- 10:30 Sit & Stretch 10:00- 11:00 Yoga 10:00- 3:00 Card Games 10:30- 11:00 Dynamic F.M.T 11:15- 12:15 Line Dancing 12:00- 2:00 Free BP Screening 1:00- 2:00 Tai Chi	<b>15</b>	<b>Line Dancing with Debra Snell 6:30pm- 8:30pm</b>
<b>Commodities Pick-Up Tomorrow 9:00am- 12:00pm</b>	<b>18</b> 8:30- 12:00 Pickleball 9:00- 10:00 Cardio Drumming 10:00- 10:30 Sit & Stretch 10:00- 11:00 Yoga 10:30- 11:00 Dynamic F.M.T 11:00- 11:30 Yin Yoga 1:00- 2:00 Bingo 1:00- 3:00 Yacking Yarnies	<b>19</b>	<b>20</b> 8:30- 11:00 Pickleball 9:00- 10:00 Nutrition Class 10:00- 12:00 Mexican Train 10:30- 11:00 Dynamic F.M.T 11:00- 12:00 Cardio Drumming 1:00- 2:00 Karaoke	<b>21</b> 8:30- 12:00 Pickleball 9:00- 10:00 Cardio Drumming 10:00- 10:30 Sit & Stretch 10:00- 11:00 Yoga 10:00- 3:00 Card Games 10:30- 11:00 Dynamic F.M.T 11:15- 12:15 Line Dancing 1:00- 2:00 Tai Chi	<b>22</b>	<b>CLOSED</b>
	<b>25</b> 8:30- 12:00 Pickleball 9:00- 10:00 Cardio Drumming 10:00- 10:30 Sit & Stretch 10:00- 11:00 Yoga 10:30- 11:00 Dynamic F.M.T 11:00- 11:30 Yin Yoga 1:00- 2:00 Bring a Prize Bingo 1:00- 3:00 Yacking Yarnies	<b>26</b>	<b>27</b> 8:30- 11:00 Pickleball 9:00- 10:00 Nutrition Class 9:30- 10:00 Chair Volleyball 10:00- 10:15 Trivia 10:30- 11:00 Dynamic F.M.T 11:00- 12:00 Cardio Drumming	<b>28</b> 8:30- 12:00 Pickleball 9:00- 10:00 Cardio Drumming 10:00- 10:30 Sit & Stretch 10:00- 11:00 Yoga 10:00- 3:00 Card Games 10:30- 11:00 Dynamic F.M.T 11:15- 12:15 Line Dancing 1:00- 2:00 Tai Chi	<b>29</b>	<b>CLOSED</b>