

Monday	Tuesday	Wednesday	Thursday	Friday
3 CLOSED	4 9:00- 10:00 Misty's Cardio Drumming 10:00- 10:30 Sit & Stretch 10:00- 11:00 Yoga 10:00- 1:00 Mexican Train 10:30- 11:00 Barre Above 11:00- 11:30 Yin Yoga 11:15- 12:15 Kelli's Cardio Drumming 1:00- 2:00 Big Prize Bingo 1:00- 3:00 Yacking Yarnies	5 9:30- 10:00 Pen & Page Society 10:00- 12:00 Beginner Chess 10:00- 10:30 Movin' & Groovin' 10:30- 11:00 Core & More 11:00- 3:00 Mahjong Club 11:15- 12:15 Cardio Drumming 1:00- 2:30 Karaoke	6 9:00- 10:00 Misty's Cardio Drumming 10:00- 10:30 Sit & Stretch 10:00- 11:00 Yoga 10:00- 3:00 Cards 10:30- 11:00 Tabata GX 11:00- 12:00 Community Council 11:15- 12:15 Kelli's Cardio Drumming 11:15- 12:15 Line Dancing 1:00- 2:00 Tai Chi	7 DAILY ACTIVITIES <i>Pickleball:</i> 8:30am- 11:00am <i>Coffee Club:</i> 9:00am- 12:00pm <i>Indoor Walking:</i> 8:30am- 3:00pm
10 CLOSED	11 9:00- 10:00 Misty's Cardio Drumming 10:00- 10:30 Sit & Stretch 10:00- 11:00 Yoga 10:00- 1:00 Mexican Train 10:30- 11:00 Barre Above 11:00- 11:30 Yin Yoga 11:15- 12:15 Kelli's Cardio Drumming 1:00- 2:00 Bingo 1:00- 3:00 Yacking Yarnies	12 9:30-10:00 Readers Theatre 10:00- 12:00 Beginner Chess 10:00- 10:30 Movin' & Groovin' 10:30- 11:00 Core & More 11:00- 3:00 Mahjong Club 11:15- 12:15 Cardio Drumming 1:00- 2:30 Karaoke	13 9:00- 10:00 Misty's Cardio Drumming 10:00- 10:30 Sit & Stretch 10:00- 11:00 Yoga 10:00- 3:00 Cards 10:30- 11:00 Tabata GX 11:00- 12:00 Pen & Page Society 11:15- 12:15 Kelli's Cardio Drumming 11:15- 12:15 Line Dancing 1:00- 2:00 Tai Chi	14 CLOSED
17 <i>Commodities on August 25th at our NEW LOCATION! 555 Cedar Street</i>	18 CLOSED	19 CLOSED	20 CLOSED	21 CLOSED
24 CLOSED	25 CLOSED	26 CLOSED	27 9:00- 10:00 Misty's Cardio Drumming 10:00- 10:30 Sit & Stretch 10:00- 11:00 Yoga 10:00- 3:00 Cards 10:30- 11:00 Tabata GX 11:15- 12:15 Kelli's Cardio Drumming 11:15- 12:15 Line Dancing 1:00- 2:00 Tai Chi	28 CLOSED
31 CLOSED				